

APRIL 17 RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjustment	New Hcap Time
1st	Charlie St Aubyn	27:56	PB	-01:49	-01:49	27:56
2 nd	Martin Steadman	29:36	PB	-00:54	-00:54	29:36
3rd	Emy Circuit	33:44	PB	-00:42	-00:42	33:44
4 th	Mike Guess	28:04	SB	-00:12	-00:12	28:04
5 th	Kate Parker	35:36		+00:02	00:00	35:34
6 th =	Andrew Brooks	25:49		+00:06	+00:01	25:44
6 th =	Mark Fallowfield Smith	25:49		+00:06	+00:01	25:44
8th	Dick Newman	30:15		+00:15	+00:04	30:04
9 th =	Royston Crandley	31:40		+00:16	+00:04	31:28
9 th =	Gerry Mepham	27:30		+00:16	+00:04	27:18
11th	Newton Johnstone	30:46		+00:19	+00:05	30:32
12th	Ray Hale	33:48		+00:27	+00:07	33:28
13 th	Jane Bannister	35:47		+00:36	+00:09	35:20
14th	Brendon Cottrell	27:09		+00:47	+00:12	26:34
15th	Stuart Mayes	29:12		+00:50	+00:12	28:34
16th	Patrick Wadsworth	33:31		+02:18	+00:30	31:43
17th	Jim Laidlaw	29:02		+02:31	+00:30	27:01
18 th	Dave Bartlett	36:40		+05:26	+00:30	31:44
19 th	Sharon Burfield	38:38		+08:16	+00:30	30:52
	Jackie Kent	34:00	PB			34:00
	Paula Vine	33:58				33:58
	Sarah Alexander	34:08				32:55
	Katy Mead	35:38				34:34
	Amy Rolfe	36:40	FIRST			36:40
	Patrick Denston	33:21	FIRST			33:21
	Will Lucas	38:38	FIRST			38:38