

DECEMBER 15 RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjustment	New Hcap Time
1st=	Mike Hurley	34:46	PB	-00:49	-00:49	34:46
1st=	Charlotte Parmenter	34:46	PB	-00:49	-00:49	34:46
3rd	Dave Breslin	27:07		-00:25	-00:25	27:07
4th	Helen Vizard	29:08	PB	-00:15	-00:15	29:08
5th	Jim Laidlaw	28:17		+00:01	00:00	28:16
6th	Nikki Stanley	28:51		+00:03	+00:01	28:49
7th	Gerry Mephram	27:09		+00:14	+00:03	26:58
8th	Fiona Slevin-Brown	27:56		+00:15	+00:04	27:45
9th	Paula Vine	30:00		+00:20	+00:05	29:45
10th	Dave O'Toole	28:59		+00:23	+00:06	28:42
11th	Mike Guess	27:22		+00:26	+00:06	27:02
12th	Michael Hegesippe	26:24		+00:46	+00:11	25:49
13th	Paul Biggs	29:35		+01:08	+00:17	28:44
14th	Dick Newman	29:47		+01:40	+00:25	28:32
15th	Graham Robinson	26:25		+03:04	+00:30	23:51
16th	Patrick Wadsworth	32:22		+03:09	+00:30	29:43
	Mark Fallowfield-Smith	26:25				25:40
	Vicky Rice	32:33	PB			32:33
	Krzyoztof Zielinski	27:48	FIRST			27:48
	Kathryn Shaw	28:30	FIRST			28:30
	Lance King	38:53	FIRST			38:53
	Emy Circuit	38:53	FIRST			38:53