

FEB 20 RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjustment	New Hcap Time
1st	Nicola Coe	40:36	PB	-03:29	-03:29	40:36
2 nd	Michelle Wilson	40:55	PB	-03:14	-03:14	40:55
3 rd	Luke Junior	29:12	PB	-02:01	-02:01	29:12
4 th	Leon Hicks	41:38		-02:00	-02:00	41:38
5th	Cat Wickham	42:10	PB	-01:49	-01:49	42:10
6 th	V Taylor	33:32	PB	-01:34	-01:34	33:32
7th	Gloria Long	38:48	PB	-01:27	-01:27	38:48
8 th	Debbie Watson	42:33	PB	-01:18	-01:18	42:33
9th	Jim Haffey	34:05	PB	-01:08	-01:08	34:05
10 th	Gerry Mepham	27:41		-01:01	-01:01	27:41
11 th	Nik Light	25:51	PB	-00:59	-00:59	25:51
12th	Jon Payne	25:20	PB	-00:41	-00:41	25:20
13th	Emy Circuit	34:40		-00:30	-00:30	34:40
14 th =	Stuart Mayes	30:12		-00:26	-00:26	30:12
14 th =	George Green	33:35		-00:26	-00:26	33:35
14 th =	Colin Carpenter	40:23		-00:26	-00:26	40:23
17th	Jon Green	30:56	PB	-00:25	-00:25	30:56
18th	Elin Loftesnes	33:50	PB	-00:24	-00:24	33:50
19th	Russell Conaway	29:29	PB	-00:17	-00:17	29:29
20 th	Alistair Ingall Tombs	27:09		-00:09	-00:09	27:09
21 st =	Mark Neve	44:47	PB	-00:03	-00:03	44:47
21 st =	Dave O'Toole	31:18		-00:03	-00:03	31:18
21 st =	Patrick Wadsworth	30:05		-00:03	-00:03	30:05
24th	Helen Vizard	32:19		00:00	00:00	32:19
25th	Graham Robinson	24:04		+00:08	+00:02	23:58
26th	Max Woods	28:44		+00:30	+00:07	28:21
27th	Dave Metcalfe	35:22		+00:33	+00:08	34:57
28th	Richard Boese	33:09		+00:34	+00:08	32:43
29th	Dave Breslin	30:47		+01:17	+00:19	29:49
30th	Will Lucas	38:13		+01:29	+00:22	37:06
31st	Beccie Wedderburn	41:50		+01:59	+00:30	40:21
32nd	Hannah Whitman	43:00		+02:00	+00:30	41:30
33rd	Sarah Hyatt	33:58		+03:52	+00:30	30:36
34 th	Royston Crandley	36:47		+03:55	+00:30	33:22
35th	Roy Bentley	40:00		+05:11	+00:30	35:19
	Krzysztof Zielinski	27:40				26:47
	Fiona Slevin Brown	31:29				31:29
	Harvey Young	40:46	PB			40:46
	Sharon Burfield	44:55	TAIL			35:29
	Alison Jones	44:55	TAIL			44:55
	Robert Jerrett	25:01	FIRST			25:01
	Paul Sliwinski	31:13	FIRST			31:13
	Teresa Milroy	35:36	FIRST			35:36
	Chris Cole	34:25	FIRST			34:25
	George Edwards	31:58	FIRST			31:58
	Emma Bolus	40:50	FIRST			40:50
	Jo Fraser	40:31	FIRST			40:31