

## FEBRUARY 16 RESULTS

Pos.	Name	Time	PB/S B	Hcap Time	Adjust ment	New Hcap Time
1 <sup>st</sup>	Emy Circuit	35:03	PB	-03:50	-03:50	35:03
2 <sup>nd</sup>	Shelly Barriff	32:11	PB	-02:29	-02:29	32:11
3 <sup>rd</sup>	Hannah Glaister	39:13	PB	+01:27	-01:27	39:13
4 <sup>th</sup>	Katy Mead	32:06	PB	-01:19	-01:19	32:06
5 <sup>th</sup>	Sharon Burfield	33:31	PB	-01:09	-01:09	33:31
6 <sup>th</sup>	Ray Hale	31:24		-00:40	-00:40	31:24
7 <sup>th</sup>	Rob Fisher	33:09	PB	-00:39	-00:39	33:09
8 <sup>th</sup>	Krzyoztof Zielinski	27:06	PB	-00:30	-00:30	27:06
9 <sup>th</sup>	Kathryn Shaw	28:03	PB	-00:27	-00:27	28:03
10 <sup>th</sup>	Dick Newman	28:24		-00:09	-00:09	28:24
11 <sup>th</sup> =	Jim Laidlaw	27:52		-00:09	-00:09	27:52
11 <sup>th</sup> =	Paula Vine	29:56		+00:11	+00:03	29:48
13 <sup>th</sup>	Mike Guess	27:25		+00:16	+00:04	27:52
14 <sup>th</sup>	Simeon Ward	26:58		+00:28	+00:07	26:37
15 <sup>th</sup>	Dave O'Toole	29:23		+00:31	+00:08	29:00
16 <sup>th</sup>	Gerry Mepham	27:51		+00:37	+00:09	27:23
17 <sup>th</sup>	Paul Biggs	29:32		+00:40	+00:10	29:02
18 <sup>th</sup>	Michael Hegesippe	26:37		+00:48	+00:12	26:51
19 <sup>th</sup>	Stephen Casey	31:21		+00:57	+00:14	30:38
20 <sup>th</sup>	Newton Johnstone	29:44		+01:08	+00:17	28:53
21 <sup>st</sup>	Max Woods	27:38		+01:11	+00:18	26:45
22 <sup>nd</sup>	Dave Breslin	29:19		+02:12	+00:30	27:37
23 <sup>rd</sup>	Charlie St Aubyn	34:53	TAIL	+06:35		28:18
24 <sup>th</sup>	Fiona Slevin Brown	39:13	TAIL	+11:28		27:45
	Lottie St Aubyn	34:53	Non Scoring	-02:47	-02:47	34:53
	Sarah Hyett	30:10				30:00
	Royston Crandley	33:22				32:22
	Leon Hicks	37:10				34:59
	Andrea Vincent	37:13	FIRST			37:13