

## NOVEMBER 18 RESULTS

| <b>Pos.</b> | <b>Name</b>            | <b>Time</b> | <b>PB/SB</b> | <b>Hcap Time</b> | <b>Adjustment</b> | <b>New Hcap Time</b> |
|-------------|------------------------|-------------|--------------|------------------|-------------------|----------------------|
| 1st         | Jon Payne              | 27:16       | PB           | -01:10           | -01:10            | 27:16                |
| 2nd         | Emy Circuit            | 34:30       |              | -01:02           | -01:02            | 34:30                |
| 3rd         | Alistair Ingall Tombs  | 27:33       | PB           | -00:36           | -00:36            | 27:33                |
| 4th         | Martin Steadman        | 27:47       | PB           | -00:32           | -00:32            | 27:47                |
| 5th         | Graham Kelly           | 29:12       | PB           | -00:22           | -00:22            | 29:12                |
| 6th         | Colin Carpenter        | 41:28       |              | -00:17           | -00:17            | 41:28                |
| 7th         | Roy Bentley            | 36:37       |              | -00:15           | -00:15            | 36:37                |
| 8th         | Krzysztof Zielinski    | 26:11       |              | -00:13           | -00:13            | 26:11                |
| 9th         | Blanche Barnes         | 34:29       |              | +00:18           | +00:04            | 34:15                |
| 10th        | Steve Casey            | 30:25       |              | +00:48           | +00:12            | 29:49                |
| 11th        | Andrew Brooks          | 26:45       |              | +00:51           | +00:13            | 26:07                |
| 12th        | Kate Parker            | 35:28       |              | +01:57           | +00:29            | 34:00                |
| 13th        | Charlie St Aubyn       | 36:20       |              | +03:19           | +00:30            | 33:31                |
| 14th        | Mike Guess             | 32:40       |              | +03:44           | +00:30            | 29:26                |
| 15th        | Martin Powell          | 32:40       |              | +04:39           | +00:30            | 28:31                |
|             | Mark Fallowfield Smith | 26:39       |              |                  |                   | 25:46                |
|             | Lottie St Aubyn        | 30:18       | PB           |                  |                   | 30:18                |
|             | Gerry Mepham           | 34:31       |              |                  |                   | 31:07                |
|             | Erol Ali               | 30:45       |              |                  |                   | 30:26                |
|             | Charley Bryant         | 31:33       | FIRST        |                  |                   | 31:33                |